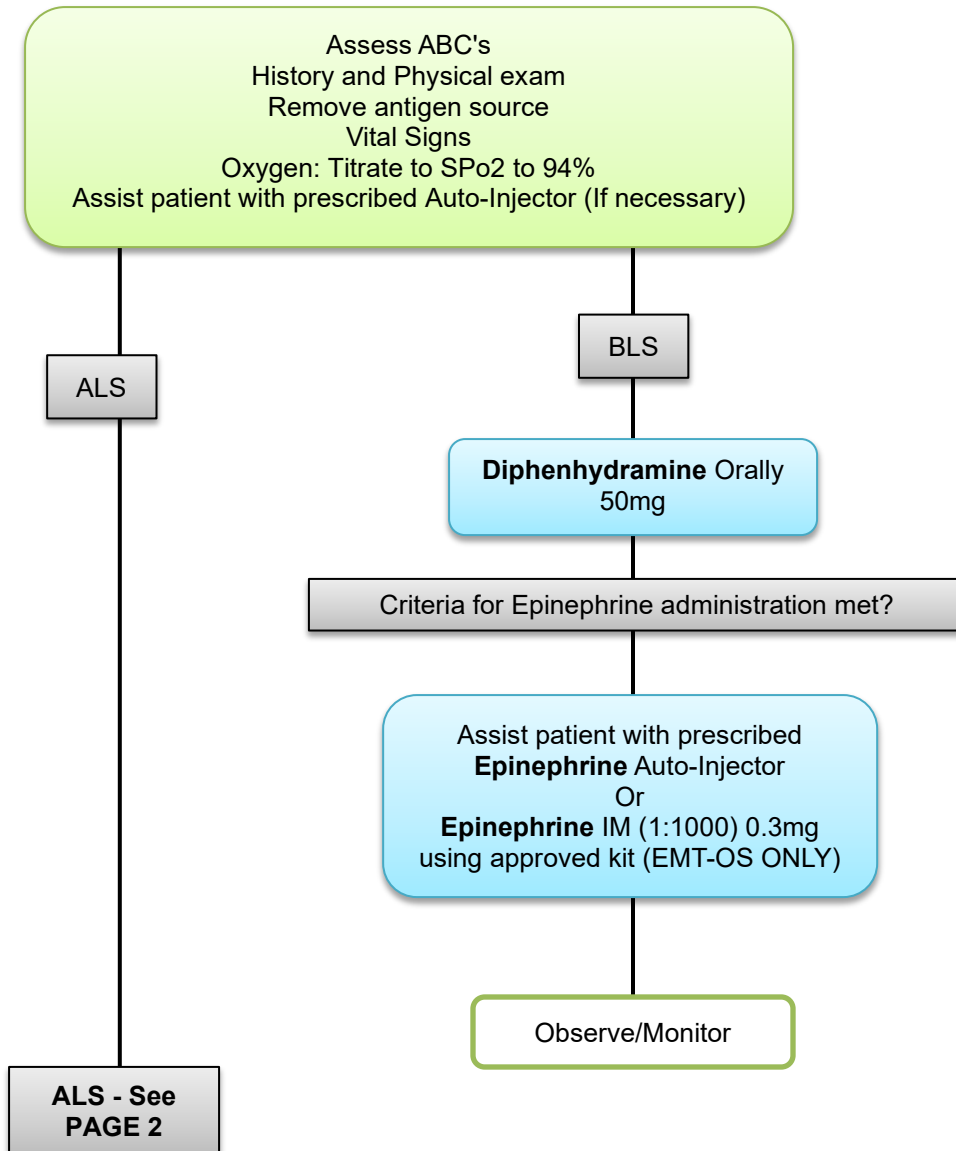


|                                                                                  |                       |                                 |
|----------------------------------------------------------------------------------|-----------------------|---------------------------------|
|  | 1209                  | Allergic Reaction / Anaphylaxis |
| Nor-Cal EMS Policy & Procedure Manual                                            | Treatment Guidelines  |                                 |
| Effective Date: 9/1/2026                                                         | Next Revision: 9/2029 |                                 |
| Approval: Jeffrey Kepple MD – MEDICAL DIRECTOR                                   | SIGNATURE ON FILE     |                                 |



#### Reaction Types:

Allergic reaction: Acute onset of Hives, Pruritis, Flushing or Rash

Angioedema leading to swelling of the lip and face may be suggestive of anaphylaxis but is not considered anaphylaxis if no other organ system is involved.

Anaphylaxis (1) One or more of the following:  
Stridor, Wheezing, Hoarseness, Airway Edema, Dyspnea, Hypoxemia or Hypotension

Extremis (1) One or more of the following:  
Systolic BP less than 90, Airway Compromise, Altered Mental Status

#### BLS Epinephrine criteria:

Patient SEVERE distress with 1 or more Anaphylaxis symptoms

EMT OS- Use approved kits only

Extreme caution with patients older than 55

