

	1615	Pediatric Behavioral Health Emergencies
Nor-Cal EMS Policy & Procedure Manual		Treatment Guidelines
Effective Date: 03/01/2025		Next Revision: 03/01/2028
Approval: Jeffrey Kepple MD – MEDICAL DIRECTOR		SIGNATURE ON FILE

Identify yourself to patient, limits the number of providers interacting with patient
 Use calm, nonthreatening manner; try not to irritate patient
 Assess ABC's
 Obtain History from the child (if appropriate) and family
 Perform quick Physical Exam to include VS, SpO2, Temperature
 Assess for underlying medical/ traumatic causes and treat as indicated
 Oxygen: Titrate to SpO2 to 94%

If BG is less than 65
 Treat as appropriate and
 See **ALOC policy 1605**

ALS

Establish IV, Give fluid if appropriate
 Obtain ECG, **ETCO2** if giving sedation
 medication

Mild- Moderate Anxiety

Anxious, Agitated, Non-combative, not verbally or physically aggressive; has the potential to be easily provoked
 Verbally confrontational, uncooperative, disruptive without danger, threatening physical posture

Approach patient with caution and begin verbal de-escalation.
 Lower the lights, if possible

Use least restrictive treatment and escalate care as needed; only **use physical restraints on children when all other means to ensure patient and provider safety has been exhausted.**

Use pediatric tape to confirm weight prior to medication administration.

Behavioral health crisis may be precipitated and exacerbated by social factors, issues in the home or community as well as health and hormonal changes in pediatrics

Do not overlook the possibility of associated abuse or neglect

Severely Agitated and/or Combative Patient requiring Restraint for Patient or Provider Safety

Extremely aggressive, poses immediate and grave danger to self and/or others **AND** exhibits one or more of the following:
 Confused/incoherent
 Hyperthermia, Diaphoresis
 Tachycardia
 Impervious to pain/fatigue, Significantly increased strength, Abnormal VS
 Hallucinations, Paranoia

Midazolam 0.1mg/kg IV/IO
 (max dose 1mg)
 0.2mg/kg IN/IM
 (max dose 5mg)
 May repeat x 1 after 5 minutes
 Reassess, Monitor VS, EtCO2, SpO2, ECG

Use physical restraints as last resort measure

Consider nonpharmaceutical cooling measures. Fluid Bolus 20ml/Kg if needed