

Nor-Cal EMS Policy &amp; Procedure Manual

Treatment Guidelines

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Identify yourself to patient, limits the number of providers interacting with patient  
 Use calm, nonthreatening manner; try not to irritate patient  
 Assess ABC's  
 Obtain History from the child (if appropriate) and family  
 Perform quick Physical Exam to include VS, SpO2, Temperature  
 Assess for underlying medical/ traumatic causes and treat as indicated  
 Oxygen: Titrate to SpO2 to 94%

If BG is less than 65  
 Treat as appropriate and  
 See **ALOC policy 1605**

ALS

Establish IV, Give fluid if appropriate  
 Obtain ECG, **ETCO2** if giving sedation  
 medication

**Mild- Moderate Anxiety**  
 Anxious, Agitated, Non-combative, not verbally or physically aggressive; has the potential to be easily provoked  
 Verbally confrontational, uncooperative, disruptive without danger, threatening physical posture

Approach patient with caution and begin verbal de-escalation.  
 Lower the lights, if possible

Use least restrictive treatment and escalate care as needed; only **use physical restraints on children when all other means to ensure patient and provider safety has been exhausted.**

Use pediatric tape to confirm weight prior to medication administration.

Behavioral health crisis may be precipitated and exacerbated by social factors, issues in the home or community as well as health and hormonal changes in pediatrics

Do not overlook the possibility of associated abuse or neglect

**Severely Agitated and/or Combative Patient requiring Restraint for Patient or Provider Safety**

Extremely aggressive, poses immediate and grave danger to self and/or others  
**AND** exhibits one or more of the following:  
 Confused/incoherent  
 Hyperthermia, Diaphoresis  
 Tachycardia  
 Impervious to pain/fatigue, Significantly increased strength, Abnormal VS  
 Hallucinations, Paranoia

**Midazolam** 0.1mg/kg IV/IO  
 (max dose 1mg)  
 0.2mg/kg IN/IM  
 (max dose 5mg)  
 May repeat x 1 after 5 minutes  
 Reassess, Monitor VS, EtCO2, SpO2, ECG  
**\*Use physical restraints as last resort measure\***

Consider nonpharmaceutical cooling measures. Fluid Bolus 20ml/Kg if needed