

	19633	AEMT Pediatric Pain Management	
		Nor-Cal EMS Policy & Procedure Manual	Treatment Guidelines
		Effective Date: 5/1/2025	Next Revision: 5/1/2028
		Approval: Jeffrey Kepple MD – MEDICAL DIRECTOR	SIGNATURE ON FILE

Assess ABC's
 History and Physical
 Vital signs
 Oxygen: titrate spo2 to 94%

Cold packs/
 splinting coaching

Consider:
Ibuprofen 400-600 mg Orally
OR
Acetaminophen 15mg/kg IV over 20min Max dose 1000mg

AEMT

Establish IV
 ECG (AEMT OS)

AEMT OS

Consider Opioids:
Morphine 0.1mg/kg IM/IV/IO
 May repeat every 5 min Max single dose of 2.5mg

Pediatric Blood Pressures:
 To determine hypotension, use formula: $65 + (2 \times \text{age})$
 To determine normal Systolic BP: $90 + (2 \times \text{age})$

Systolic BP Estimate for hypotension

Infant	less than 60
Toddler 1-3years	less than 70
Preschool 3-6 years	less than 75
School age 6-12 years	less than 80
Adolescent 12-18 years	less than 90