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**AEMT Pediatric Pain Management**

Nor-Cal EMS Policy &amp; Procedure Manual

Treatment Guidelines

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SIGNATURE ON FILE

Assess ABC's  
History and Physical  
Vital signs

Oxygen: titrate spo2 to 94%

Cold packs/  
splinting coaching

**Consider:**  
**Ibuprofen** 400-600 mg Orally  
**OR**

**Acetaminophen** 15mg/kg IV over 20min Max dose  
1000mg

AEMT

Establish IV  
ECG (AEMT OS)

AEMT OS

**Consider Opioids:**  
**Morphine** 0.1mg/kg IM/IV/IO  
May repeat every 5 min Max  
single dose of 2.5mg

**Pediatric Blood Pressures:**

To determine hypotension, use formula:  $65 + (2 \times \text{age})$   
To determine normal Systolic BP:  $90 + (2 \times \text{age})$

**Systolic BP Estimate for hypotension**

|                        |              |
|------------------------|--------------|
| Infant                 | less than 60 |
| Toddler 1-3 years      | less than 70 |
| Preschool 3-6 years    | less than 75 |
| School age 6-12 years  | less than 80 |
| Adolescent 12-18 years | less than 90 |