

Nor-Cal EMS Policy &amp; Procedure Manual

Treatment Guidelines

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Assess ABC's  
 History and Physical exam- Determine degree and type of  
 Obstruction- Foreign body, Infection or Anaphylaxis  
 Vital Signs  
 Oxygen: Titrate to SpO<sub>2</sub> to 94%

Signs of severe obstruction?

Not severe

YES Severe

**Foreign Body:**

Perform abdominal thrusts  
 Begin CPR if patient becomes unresponsive  
 Check mouth for Foreign Body (no blind finger sweeps)

AEMT

**Infection:**

Consider humidified O<sub>2</sub>  
 Assist ventilations if needed  
 Avoid OPA / Supraglottic airways  
 Do not attempt to visualize

AEMT

**Anaphylaxis:**  
 See Allergic Reaction  
 Anaphylaxis protocol

Establish IV / IO (Bolus as appropriate)  
 ECG (AEMT OS)  
 Reassess as necessary

**Signs of severe obstruction:**

Poor air exchange  
 Cyanosis  
 Silent cough  
 Increased difficulty breathing