

Nor-Cal EMS Policy & Procedure Manual

Treatment Guidelines

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If BG is less than 65,
Treat as appropriate and
See ALOC Protocol
19250

Assess ABC's
History and Physical
Vital signs
Oxygen: titrate spo2 to 94%

Suspected OD, Ingestions
See Poisoning/Overdose
Protocol **19222**

Mild to Moderate Anxiety

Anxious, Agitated, Non-combative, not verbally or physically aggressive; has the potential to be easily provoked
Verbally confrontational, uncooperative, easily provoked, disruptive without danger, threatening physical posture

AEMT

Establish IV/IO when/if feasible

AEMT OS

ECG when/if feasible
Fluid bolus as appropriate
Use **ETCO2** if giving sedation medication

Midazolam
1-2mg IV/IO (max single dose 2mg)
2-5mg IM/IN (max single dose 5mg)
MR every 20-30 min to max dose of 15mg
No additional Midazolam without BHPO

Severely Agitated and/or Combative Patient requiring Restraint for Patient or Provider Safety

Extremely aggressive, poses immediate and grave danger to self and/or others **AND** exhibits one or more of the following:

Confused/incoherent
Hyperthermia, Diaphoresis
Tachycardia, Impervious to pain/fatigue, significantly increased strength, Abnormal VS, Hallucinations, Paranoia

Consider:

Cooling measures (No Antipyretics)
Fluid bolus 1000ml x1 (Max of 2 liters)

Use least restrictive treatment and escalate care as needed; only **use physical restraints when necessary to ensure patient and provider safety.**

Do not overlook the possibility of associated abuse or assault