

Nor-Cal EMS Policy &amp; Procedure Manual

Treatment Guidelines

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STABILIZE patient for 5-10 minutes prior to moving / transport  
 Assess ABC's  
 History and Physical  
 Confirm vital signs with palpable pulse and BP  
 Oxygen: Titrate to SpO<sub>2</sub> to 94%  
 Consider supraglottic airway  
 Check blood sugar

AEMT

IV / IO Access  
 Waveform capnography (target ETCO<sub>2</sub> 35-45)

BP less than 90 systolic?

AEMT OS

**BP Remains less than 90 systolic consider:**  
 Push dose Epi 5-10 mcg q 5 minutes  
 Or  
 Epi drip 2-10 mcg / min  
 Fluid bolus of 1-2 liters total  
 Failing above consider **Base Hospital**

Observe / Monitor

**Identify and treat underlying causes as appropriate:**

Hypoxia  
 Hydrogen Ion (Acidosis)  
 Hypovolemia  
 Hypo/Hyperkalemia  
 Hypothermia  
 Tension Pneumothorax  
 Tamponade (cardiac)  
 Toxin/ Tablets/ Sepsis  
 Thrombus (CVA / MI)  
 Trauma