

	6110	Skills: EMT-OS - Epinephrine IM Injection
Nor-Cal EMS Policy & Procedure Manual	Training/Skills	
Effective Date: 03/01/2025	Next Revision: 03/01/2028	
Approval: Jeffrey Kepple MD – MEDICAL DIRECTOR	SIGNATURE ON FILE	

Authority: Health and Safety Code Division 2.5, California Code of Regulations, Title 22, Division 9.

Provider Name: Provider's Signature:	Cert #: Provider Agency:
Validator's Name: Validator's Signature:	Date:

PERFORMANCE CRITERIA	MET (Initials)	NOT MET (Initials)	COMMENTS
1. Prepares the equipment/medication. A. Adult equal to or greater than 30 kg or 66 lb. (Knows definition.) B. Pediatric less than 30 kg or 66 lb. (Knows definition.)			
2. Clearly states the following for dosing: A. Adult dose is 0.3 mg epinephrine (marked "A" on the safety syringe.) B. Pediatric dose is 0.15 mg epinephrine (marked "P" on the safety syringe).			
3. Inspects the medication for clarity, current expiration date, and assures package and container are intact. A. States will follow the package insert with the Epi-Safe Kit.			
4. Verifies the patient's "rights": A. RIGHT PATIENT. B. RIGHT DRUG (No known allergies to that drug). C. RIGHT DOSE. D. RIGHT TIME. E. RIGHT ROUTE. F. RIGHT REASON. G. RIGHT DOCUMENTATION.			
5. Prepares the syringe by placing the safety needle onto it.			
6. Cleans the vial's top with alcohol wipe.			
7. Injects the proper amount of air into the vial to aid in withdrawing medication.			
8. Withdraws appropriate amount of solution.			
9. Selects appropriate site lateral/outer thigh muscle: A. Between groin crease and knee.			
10. Uses appropriate PPE and Preps skin with alcohol.			
11. Rechecks medication and dosage.			
12. Properly supports the muscle.			
13. With a smooth non-jerking motion inserts the needle into muscle.			
14. Aspirates to ensure not in a blood vessel.			
15. Smoothly and slowly injects the drug.			
16. Closes the cover of the safety needle properly.			
17. Massages the skin with a swab to help with absorption.			
18. Monitors and documents the patient's response to drug.			
19. Documents time and site of injection on PCR form.			
20. States that they can repeat the injection every 5 minutes if needed up to a total of three doses. A. If the patient has used their own epinephrine autoinjector they may give an additional two doses for a total of three doses including the patient's self-administered dose.			