



1810

BLS Tourniquet/Hemorrhage Control

Nor-Cal EMS Policy & Procedure Manual

BLS Procedures

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SIGNATURE ON FILE

INDICATION

- Controlling life threatening hemorrhagic limb bleeding that cannot be controlled by direct pressure.

CONTRAINDICATIONS

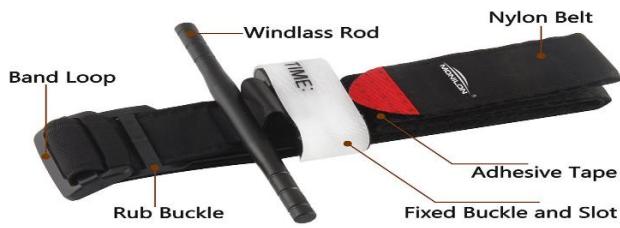
- Do not apply tourniquet to neck injuries.
- Do not use minor injuries that can be controlled with direct pressure.

PRECAUTIONS

- No Precautions

PROCEDURES

- Apply direct pressure while getting tourniquet out from packaging.
- Apply directly to the skin and cut clothes away from wound.
- Pull band out of buckle.
- Place device 2-3 inches above bleeding site.
- Pass tip through slip of buckle, pull tight and fasten band back onto itself around limb, band should be tight enough to not slip fingers through.
- Use windless system to turn the rod until bleeding stops, secure rod into holder.
- Check for bleeding / distal pulses, tourniquets will cut off all circulation. If pulses or bleeding still present, consider further tightening.
- If still uncontrolled consider applying second tourniquet proximal to first tourniquet, do not remove first tourniquet.
- Record time of application.



KEY TAKEAWAYS

- Tourniquets are painful, keep in communication with patient.
- Prepare for possible hypovolemic shock.
- Prepare for rapid transport.