

Nor-Cal EMS Policy & Procedure Manual	BLS Procedures
Effective Date: 03/01/2025	Next Revision: 03/01/2028
Approval: Jeffrey Kepple MD – MEDICAL DIRECTOR	SIGNATURE ON FILE

INDICATIONS

- A patient with altered neurological function in which the following are present:
 - Blood glucose less than 65mg/dl.

CONTRAINDICATIONS

- Patient in unconscious.
- Patient is unable to swallow on command.

PRECAUTIONS

- No precautions

PROCEDURES

- Insert tip of glucose paste 25-100GMs into patient mouth between cheek and gum.
- Press firmly on tube to administer glucose paste.
- Record time of administration.
- Reassess blood glucose level.
- Monitor airway and reassess patient, suction as needed.
- May repeat oral glucose as needed.



KEY CONCEPTS

- Encourage patient to intake all of the glucose even if they feel nauseated.
- Encourage or assist making a meal that includes complex carbohydrates that will sustain patient for longer.