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|--|---------------------------|------------------------------------|
|  | 1803                      | BLS Administration of Oral Glucose |
| Nor-Cal EMS Policy & Procedure Manual  | BLS Procedures            |                                    |
| Effective Date: 03/01/2025   | Next Revision: 03/01/2028 |                                    |
| Approval: Jeffrey Kepple MD – MEDICAL DIRECTOR                                   | SIGNATURE ON FILE         |                                    |

### INDICATIONS

- A patient with altered neurological function in which the following are present:
  - Blood glucose less than 65mg/dl.

### CONTRAINDICATIONS

- Patient is unconscious.
- Patient is unable to swallow on command.

### PRECAUTIONS

- No precautions

### PROCEDURES

- Insert tip of glucose paste 25-100GMs into patient mouth between cheek and gum.
- Press firmly on tube to administer glucose paste.
- Record time of administration.
- Reassess blood glucose level.
- Monitor airway and reassess patient, suction as needed.
- May repeat oral glucose as needed.



### KEY CONCEPTS

- Encourage patient to intake all of the glucose even if they feel nauseated.
- Encourage or assist making a meal that includes complex carbohydrates that will sustain patient for longer.