

Mental Health First Aid USA

FIRE / EMS



**SATURDAY
APRIL 22
2023**

8:30AM-5:00PM

Register online at: <https://mhafpd.eventbrite.com>

8-HR CERTIFICATION COURSE

Increase your ability to:

- Recognize signs that a mental health problem could be developing
- Respond appropriately to someone in crisis

TOPICS COVERED

- Anxiety, Depression & Panic Attacks
- Cumulative Stress, Trauma & PTSD
- Mood Disorders & Psychosis
- Suicide & Non-Suicidal Self-Injury
- Substance Use Disorders

Hamilton Branch Fire Department

3791 Big Springs Road, Hamilton Branch CA 96137

For more information contact:

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