

CODE 9 PROJECT S.H.A.R.E PROGRAM



SELF-HELP AND RESPONSIVE EDUCATION

Code 9 is a nationally accredited program by the International Association of Directors of Law Enforcement Standards and Training.

COMMAND STAFF WORKSHOP

- Two-day, highly interactive workshop.
- Command Staff learn how to become active participants in department and officer wellness, suicide prevention, and PTSD awareness programming.
- Training provides unique strategies for departments coping with the increase of officer PTSD, suicides, and stress-related absenteeism.

FEBRUARY 28 - MARCH 1, 2023 OR MAY 2 - 3, 2023
8AM - 5PM (ALL DAYS)

FIRST RESPONDER WORKSHOP

- Two-day, highly interactive workshop.
- Provides education for coping, management, and rehabilitation of cumulative stress in the first responder.
- Training will review general stress, PTSD, anger, fear, anxiety, health and wellness, and communication.

MARCH 2 - 3, 2023 OR MAY 4 - 5, 2023
8AM - 5PM (ALL DAYS)

FAMILY WORKSHOP

- One-day, highly interactive workshop (*must be 16 years or older to attend*).
- Training will review identifying stress patterns, PTSD, stress management, and family/peer support.

MARCH 4, 2023 OR MAY 6, 2023
8AM - 5PM

TRAINING LOCATION

LARRY J. FARR COMMUNITY CENTER
4499 MAIN STREET, SHASTA LAKE, CA 96019

REGISTRATION REQUIRED! [CLICK HERE TO REGISTER OR CONTACT \[SSTINGER@CO.SHASTA.CA.US\]\(mailto:SSTINGER@CO.SHASTA.CA.US\) OR \(530\) 229-8426](#)
WITH YOUR WORKSHOP TYPE AND DATE CHOICE

