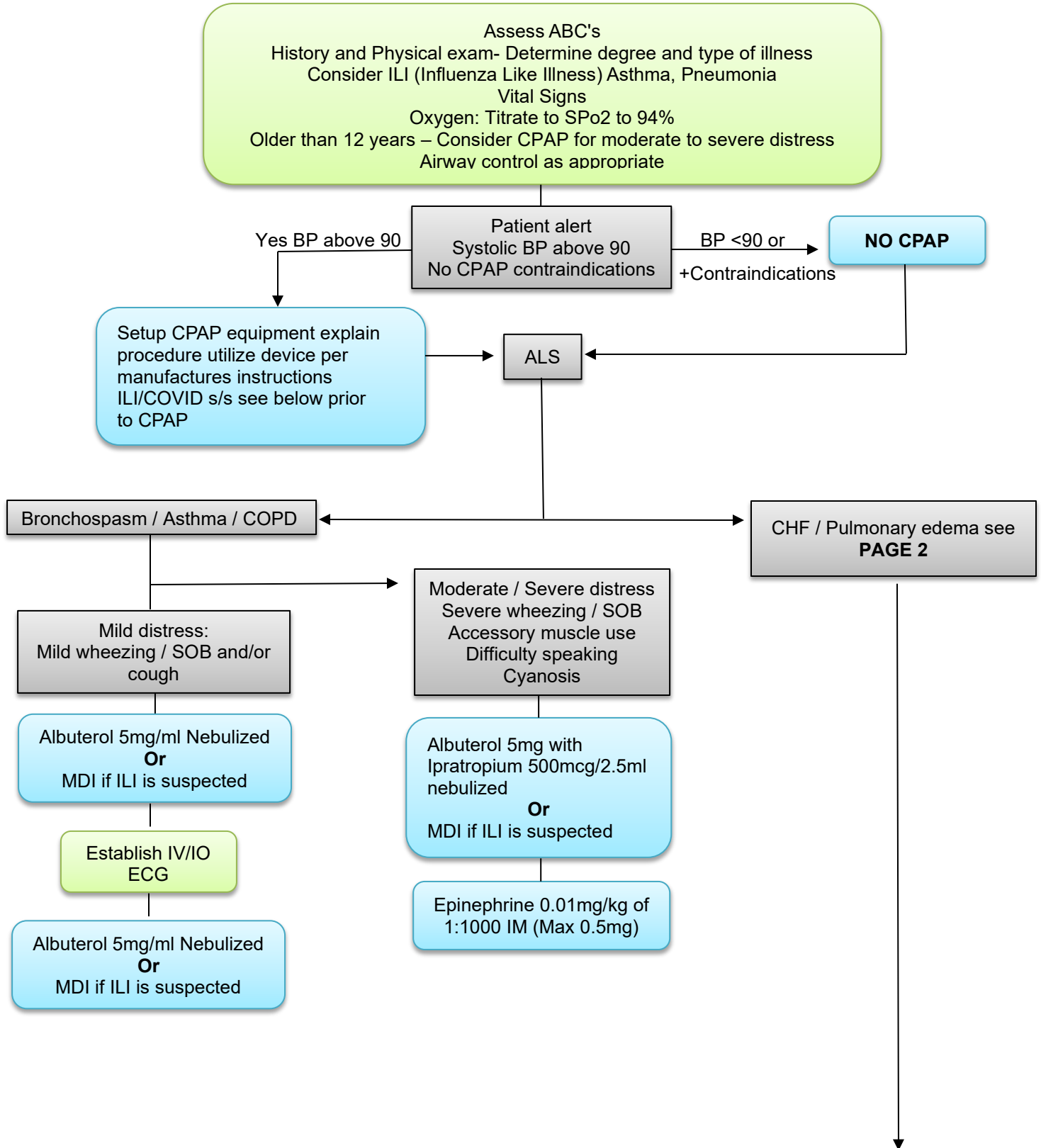
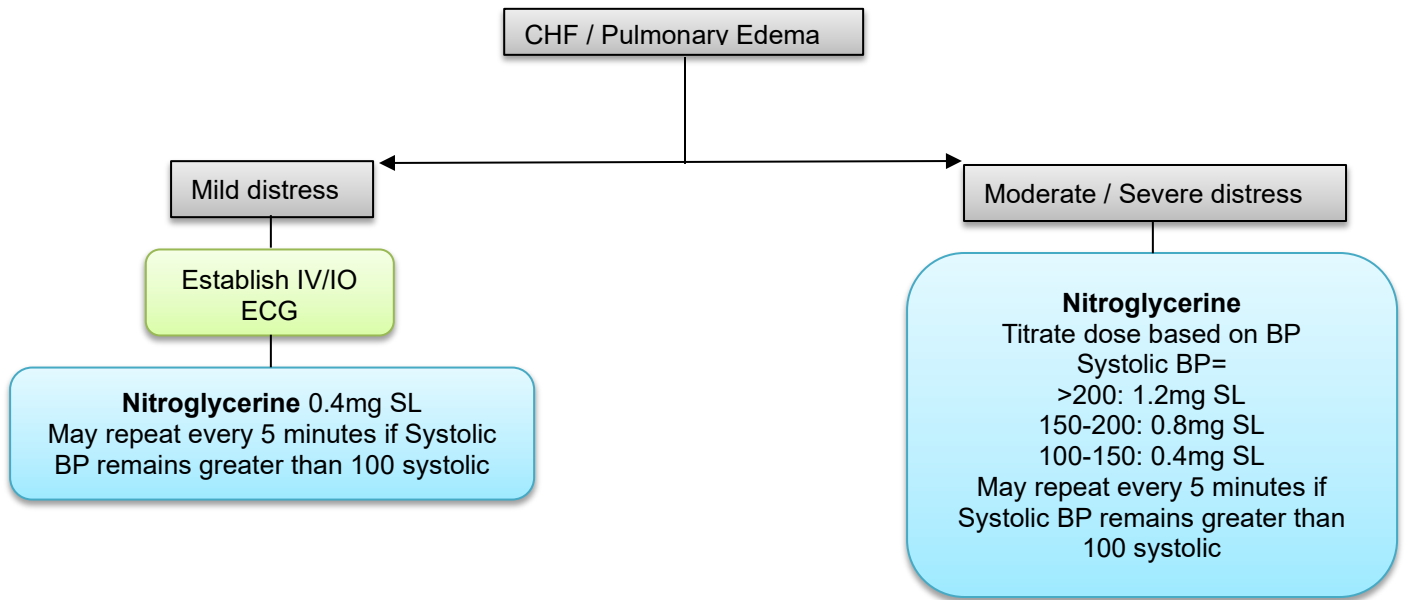
	1203	Respiratory Distress
Nor-Cal EMS Policy & Procedure Manual	Treatment Guidelines	
Effective Date: 02/01/2023	Next Revision:02/01/2026	
Approval: Jeffrey Kepple MD – MEDICAL DIRECTOR	SIGNATURE ON FILE	

Authority

Health and Safety Code Division 2.5, California Code of Regulations, Title 22, Division 9.





CPAP CONTRAINDICATIONS:

- Age Less than 12 years
- Influenza Like Illness (ILI) / COVID19 (Relative contraindication)
- Respiratory arrest, Cardiac arrest, agonal respiration
- Unconscious patient, depressed level of consciousness
- Inability to cooperate / tolerate the device or understand and follow commands for use
- Inability to achieve a good seal
- Suspected Pneumothorax / Barotrauma
- Inability to maintain patent airway
- Major trauma – especially to chest or head (Increased ICP)
- Patient vomiting
- Claustrophobia or inability to tolerate mask (After 1-2 min trial)
- History of pulmonary fibrosis

ILI / COVID **See COVID protocol**

CPAP and nebulizer treatments are high risk to providers.

(Ensure good PPE for all personnel in contact PPE SHALL CONTAIN N95/P100, gown and eye protection)

Nebulizers should be avoided and use of Metered Dose Inhaler (MDI) is preferred. If nebulizer treatment is provided it SHALL be completed in an outdoor environment with full PPE for providers.

ILI COVID Signs/Symptoms include:

- Cough
- Fever
- Fatigue
- Sputum production
- Sore throat
- Headache
- Respiratory distress
- Acute loss of taste and smell

Receiving facility should be notified of any suspicion of ILI/COVID