


|  |      |  |  |                           |
|--|------|--|--|---------------------------|
|  | 6107 | Skills: EMT - Breathing Interventions          |  |                           |
|  |      | Nor-Cal EMS Policy & Procedure Manual          |  | Training/Skills           |
|  |      | Effective Date: 10/01/2020                     |  | Next Revision: 10/01/2023 |
|  |      | Approval: Jeffrey Kepple MD – MEDICAL DIRECTOR |  | SIGNATURE ON FILE         |

**Authority:** Health and Safety Code Division 2.5, California Code of Regulations, Title 22, Division 9.

|   |                             |
|---|-----------------------------|
| Provider Name:<br>Provider's Signature:     | Cert #:<br>Provider Agency: |
| Validator's Name:<br>Validator's Signature: | Date:                       |

| PERFORMANCE CRITERIA   | MET<br>(Initials) | NOT MET<br>(Initials) | COMMENTS |
|--|-------------------|-----------------------|----------|
| <b>Oxygen Administration</b>   |                   |                       |          |
| 1. Assemble cylinder, regulator and flowmeter.   |                   |                       |          |
| 2. Open tank valve, check for leaks, verifies tank pressure.   |                   |                       |          |
| 3. Adjust liter flow to desired delivery rate.   |                   |                       |          |
| 4. Explain procedure to patient.   |                   |                       |          |
| 5. Choose appropriate delivery method, i.e. nasal cannula, non-rebreather mask etc.  |                   |                       |          |
| 6. Apply device to patient, adjusting to fit for maximum comfort.  |                   |                       |          |
| 7. Document patient's response to intervention in PCR.   |                   |                       |          |
| <b>Bag-Valve Mask Ventilation</b>  |                   |                       |          |
| 1. Universal precautions, including droplet precautions.   |                   |                       |          |
| 2. Ensures airway is clear, suction as needed, remove loose dentures or broken teeth.  |                   |                       |          |
| 3. Selects appropriate mask size.  |                   |                       |          |
| 4. Connects BVM to oxygen source:<br>A. Ensures adequate O <sub>2</sub> tank pressure.<br>B. Adjust oxygen delivery flow to 15 liters/minute.                |                   |                       |          |
| 5. Place the mask on the patient's face, ensuring a tight seal around the mask. (E-C method).  |                   |                       |          |
| 6. Ventilate once every five seconds.<br>A. Observe for chest rise.<br>B. Note patient's response to procedure.  |                   |                       |          |
| 7. Document patient's response to intervention in PCR.   |                   |                       |          |
| <b>Mouth to Mask Ventilation</b>   |                   |                       |          |
| 1. Universal precautions, including droplet precautions.   |                   |                       |          |
| 2. Ensures airway is clear, suction as needed, remove loose dentures or broken teeth.  |                   |                       |          |
| 3. Selects appropriate mask size.  |                   |                       |          |
| 4. Applies mask to patient's face, maintaining jaw lift and tight seal around the mask.  |                   |                       |          |
| 5. Ventilate, observing for bilateral chest rise.  |                   |                       |          |
| 6. Note patient's response to procedure.   |                   |                       |          |
| 7. Document patient's response to intervention in PCR.   |                   |                       |          |
| <b>CPAP</b>  |                   |                       |          |
| 1. Apply CPAP mask and ensure snug fit without air leak.   |                   |                       |          |
| 2. Adjust air flow to achieve PEEP of 5 cm H <sub>2</sub> O (may increase to 7.5 cm H <sub>2</sub> O if patient's condition does not improve in 15 minutes). |                   |                       |          |
| 3. Document patient's response to intervention in PCR.   |                   |                       |          |